## **Brief Tobacco Interventions**

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### Review

- Welcome from the WV Division of Tobacco Prevention: Mr. James Kerrigan
- Overview of WV Tobacco Use Data: Dr. Donald Reed
- Electronic Cigarettes & Smoking and Pregnancy: Dr. Peggy Lambert Fink
- Smokeless Tobacco Use: Dr. Raj Khanna
- Pharmacotherapy Strategies: Dr. Kara Piechowski

#### So what do you do now?

## Ask. Advise. Refer.

- Ask your patients about their tobacco use status.
- Advise your patients to quit smoking. Link it directly to their health and the things and people they care about.
- Refer them to the WV Tobacco Quitline or any local cessation workshops in your community.

\*Review the websites additional resources for more Brief Tobacco Intervention Information

# WV Tobacco Quitline





- One-on-One proactive coaching for tobacco users who are ready to quit.
- Nicotine Replacement Therapy
- Free educational materials and a personalized quit plan.
- Fax to Quit Program

1-800-QUIT-NOW https://wvtobaccoquitline.com/